InterFaith Health Center

2026 ANNUAL REPORT



OUR MISSION:

InterFaith Health Center provides accessible, affordable and quality health care to the working uninsured or underserved, primarily through the support of individuals, the religious, health care, and business communities. These services are provided within the capacity of the Center regardless of race, sex, creed, age, religion, national origin, or ability to pay.

interfaithhealthcenter.org

info@interfaithhealthcenter.org

7005 Middlebrook Pike
Knoxville, TN 37909

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"We are now positioned to **provide better access** to healthcare for those who can **least afford it.**"

Celebrating better healthcare access for all

As we look back at this past year, we have so much to celebrate. First, we turned 35 in March! That means 35 years of providing medical, dental, mental health and prescription assistance to the working uninsured or underserved in East Tennessee. There have been so many positive changes during the past 35 years, but this year we celebrated one of the most dramatic – we moved from our original location to our new facility at 7005 Middlebrook Pike. We are now positioned to provide better access to healthcare for those who can least afford it.

We have always been proud of the integrated, comprehensive care that we have provided, and this past year was no exception. Since moving into our new location in November 2025, InterFaith Health Center has doubled the number of medical exam rooms and dental operatories, tripled the number of offices dedicated to mental health services, expanded our on-site lab services in medical and dental, and expanded the number of specialty rooms as well as our physical therapy space. What does this mean? It means more services provided to more people. Space and numbers are only important if they impact our neighbors!

One thing that hasn't changed is that our patients still need your help. The more people we serve, the more money we need to raise. That makes local donors more important than ever. I encourage you to look over this information to see our growing impact on this community. If you are already supporting us, thank you! If you are not yet a supporter, please consider becoming one.

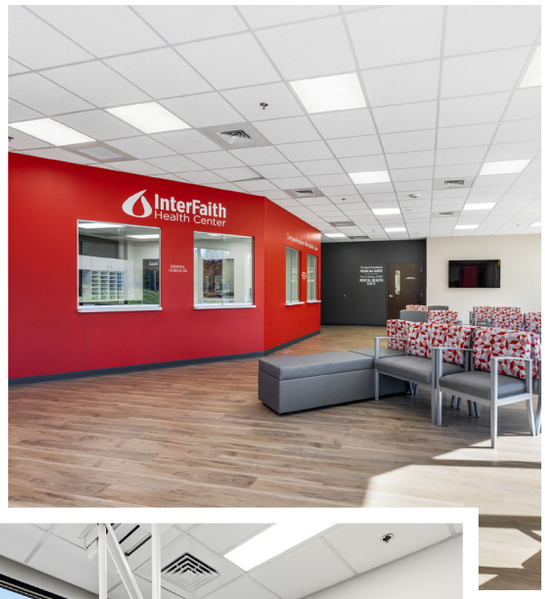
My prayer is that you and your family have physical, emotional and spiritual health, and that you'll choose to help others have the same. Never underestimate the value of access to low-cost medical care in our community.

With gratitude,

Melissa H. Knight
Executive Director, InterFaith Health Center

2026: A transformative year

New building provides integrated care



On Nov. 13, 2025, the ribbon was cut on the new InterFaith Health Center, located at 7005 Middlebrook Pike. The 23,500-square-foot facility brings services that were previously spread across four facilities under one roof, making care more efficient and integrated. With this expansion, the Center provides better access to healthcare to the working uninsured and is positioned for significant growth of services and programs.



The new space features 15 medical and 15 dental exam rooms, nearly doubling the Center's previous capacity. This expanded footprint creates opportunities to grow existing services, such as physical therapy, while introducing new specialties, including ophthalmology. The Center can now provide dedicated educational space, like the Healthy Kitchen Classroom, and specialized rooms for diagnostic equipment.



for InterFaith

There are roughly 40,000 uninsured individuals in Knox County alone, and InterFaith exists to bridge that gap. Many patients work in service-sector jobs where health insurance isn't offered or isn't affordable. The new facility is in an area with a high population of uninsured individuals, making healthcare more accessible to more people.

The expansion of the Center is expected to result in a 25% increase in medical homes for uninsured and underserved individuals in the coming year. Patients will have better access to diagnoses, medications, chronic condition management and acute care. Improved health outcomes, such as lower A1C levels





for diabetic patients and improved blood pressure control, are expected, and patients will benefit from additional social support and educational programming in the years to come.

The new InterFaith Health Center is the result of years of planning, hard work and prayer. Thank you to the volunteers, donors, elected representatives and community leaders, as well as the dedicated staff, who helped this vision come to life.

Scan to watch a video tour of InterFaith's new building

Personal stories from the 2026 InterFaith Health Center Mission Luncheon

Eugenia



Eugenia Almeida came to the U.S. from Argentina over 30 years ago so her husband could complete a PhD. The family of six eventually moved to Knoxville when he took a position at the University of Tennessee, but a change in their visa status meant two years with no income.

During that time, the family depended on InterFaith for medical care, including ENT visits for their son, who had significant hearing loss. It was a difficult time, but with the help of their church and InterFaith, the family thrived.

"I think of it as a place of restoration," she says. "It's a place you can come broken and you come out of here healed."

Scan to hear Eugenia's story

When the family was in a better situation, Eugenia wanted to give back. She started a business, A New Hue, and during building construction, the staff generously installed a beautiful textured feature wall at the new InterFaith Health Center. She currently has 14 full-time employees.

Eugenia describes InterFaith as a safe space for all communities.

"This is why I always tell everyone, go there. Don't be scared. Go. They will help."

Hallerin



Hallerin Hilton Hill is one of Knoxville's most beloved media personalities. He is an author, talk show host, Grammy-nominated singer-songwriter, inspirational speaker and founder of the multimedia company Wisdom House. But before he was all of those things, he was a patient at InterFaith Health Center.

As a young man, he faced unfortunate circumstances that landed him at his sister's house in Knoxville with no car and no health insurance. When his son needed medical care, a friend told him about InterFaith Health Center. "They'll take care of you," he was told.

Scan to hear Hallerin's story

Hallerin was reticent about the visit because he was ashamed of his circumstances.

"When you have nothing, it's easy to believe you are nothing," he says.

The care he received made him feel special. Those who donated to InterFaith before his visit had no idea how great the impact would be, he says.

"They took care of my son but they also left me with my dignity intact. The medicine is great. The love is greater."

Patient demographics

9,202
up from 8,525 in FY25
Total number of patient encounters

Number of new patients
643
up from 350 in FY25

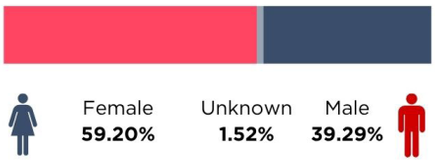
2.5
Average household size

Average household income
$31,242

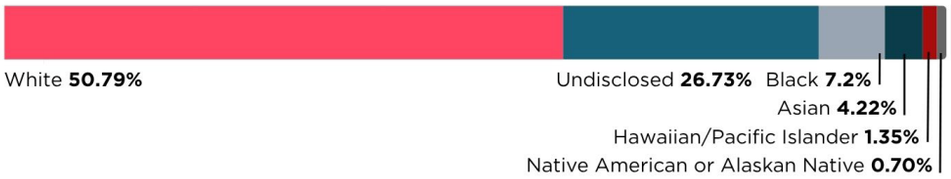
29
Counties served

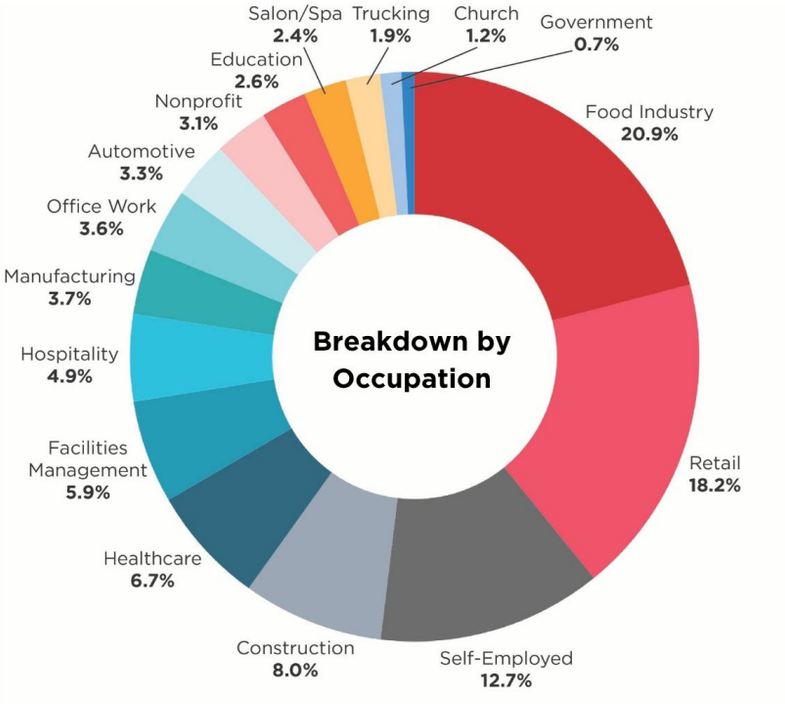
1,848 up from 1,656 in FY25 Total unique individuals (across all disciplines)

Breakdown by gender:

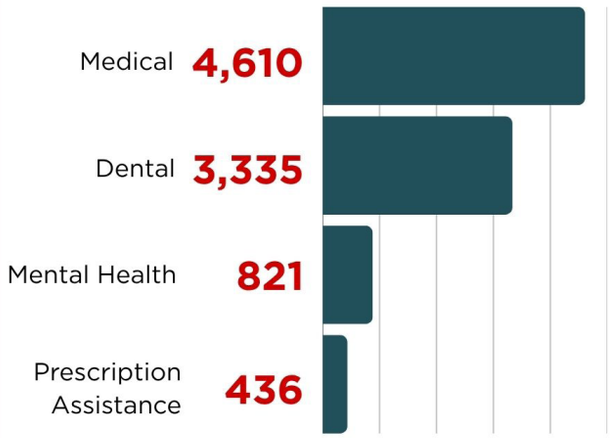


Breakdown by race:

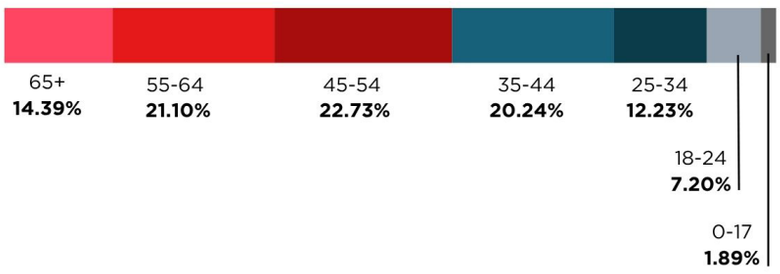




Patient encounters by discipline:



Breakdown by age:



Countries of origin outside of the US:



And 12 others...

Medical

4,610
Patient encounters this year

$26.83
Average amount of patient payment per visit

55,084
Total number of lab tests
up from 10,744 in FY25

Each new medical patient receives a complete physical at their first appointment, including:
- Labs
- EKG
- Healthy lifestyle counseling (diet, smoking cessation, exercise, stress management, etc.)

85
Physical therapy visits

46
CPAPs distributed

1,645
Total number diagnostic scans (on-site and referrals)

Types of cancer screenings:
- Skin
- Oral
- Colon
- Cervical
- Prostate

3,667
Specialty referrals coordinated in conjunction with KAPA and InterFaith Health Center's referral network

36 individuals/89 visits
Number of patients in opioid use recovery treated in conjunction with Helen Ross McNabb Center

Breakdown of diagnostic scans (on-site and referrals):



X-ray **444** | Mammogram **291** | EKG **254** | Ulstrasound **245** | CT **180** | MRI **91** | Sleep study **56** | Other **84**

Dental

3,335
Patient encounters this year

$91.78
Average amount of patient payment per visit

203
SmileOn 65+ patients served

$1,853,030
Private-sector market value of dental services

SMILE ON 65+
A healthy mouth unlocks a vibrant life

The mission of Smile On 65+ is to improve the overall well-being of older adults in Tennessee by removing barriers to oral health care through awareness, affordability, and accessibility. Smile On 65+'s vision is that Tennessee's older adults have the opportunity to unlock a vibrant life through a healthy smile.

Breakdown of Services:



Cleanings **46.7%** | Fillings **34.2%** | Crowns **9.5%** | Bridges **4.4%** | Partials **3%** | Dentures **1.2%** | Root Canals **1%**

Mental Health

Types of mental health diagnoses:

- Anxiety disorders
- Mood disorders
- Psychotic disorders
- Personality disorders
- Trauma- and stressor-related disorders
- Eating disorders
- Substance use disorders
- Neurodevelopmental disorders

Most common: depression, anxiety, panic attacks

821
Total patient encounters

Ongoing utilization of cognitive behavioral therapy, motivational interviewing, trauma informed systems therapy

1,147
Patients screened for substance misuse

Now offering EMDR
Eye Movement Desensitization and Reprocessing (EMDR) helps people heal from trauma and distress

The power of listening

A patient attended therapy to manage symptoms of increased depression in response to the sudden and unexpected death of her mother. She was able to spend sessions processing this grief, participating in letter writing and working through past trauma exposure from her mother, previously not discussed. Her symptoms have decreased significantly and she has moved from being seen weekly to as needed.



Prescription Assistance

295
Total number of unduplicated patients served

539
Medication orders fulfilled

41
Flu vaccines administered

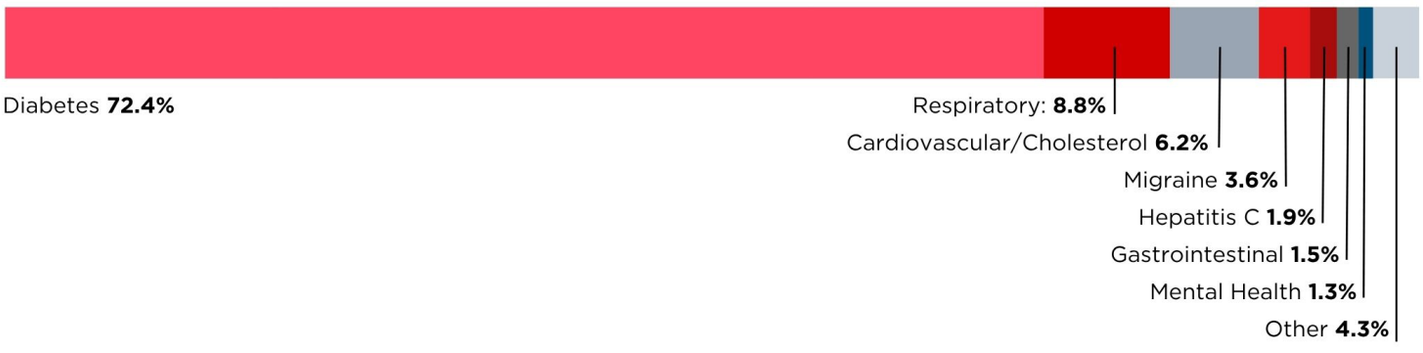
24
Pharmaceutical companies partnered with IHC

$2,577,347
Private-sector market value of dispensed medication

IHC now partners with **Direct Relief** and **Dispensary of Hope** to provide affordable prescription medicines to patients.

In addition to prescription medications, patients have access to a range of other health-related items, including vitamins, fiber supplements, immune support products, acetaminophen, ibuprofen, and similar over-the-counter medications.

Breakdown of types of medications dispensed:



Community health work

Community health workers (CHWs) at InterFaith Health Center play a vital role in delivering truly integrated, whole-person care. Working alongside medical, dental, and mental health providers, CHWs respond when social needs surface during clinical encounters.

CHW support includes:

- Case management to help patients identify needs, coordinate care and overcome barriers
- Addressing needs that affect health, including transportation, food, housing, employment, education and financial assistance
- Providing language support and interpretation between patients and healthcare staff
- Partnering with community organizations to connect patients with resources and services

Additionally, patients who are identified as experiencing food insecurity are referred to the InterFaith Health Center food pantry, where they receive food boxes. Access to reliable, nutritious food supports overall health and well-being.



After losing access to primary care following a move, an InterFaith patient experienced a mental health crisis and urgently needed medical and behavioral health services.

A community health worker arranged both appointments within one day, reestablished the patient's local care, and addressed food, transportation and other social needs.

350
Community members reached

3.7
tons of food distributed

220
Patients received support from a community health worker

25
Community partners

8
Outreach events

Types of services coordinated for number of patients helped:
Disability application/referral, SNAP referral, housing referral, obtaining medication, clothing assistance, transportation, food assistance, assistance with basic needs, and utilities assistance

540
People served through on-site food assistance

25
NARCAN training class participants

Patient accomplishments:

10
Furthered their education

17
Found employment

Volunteer spotlight



Ryan Bowles, DDS, MDS

Chance Orthodontics

Practicing since 2002, part-time staff/volunteer with InterFaith for 9 years

I believe God has given me tools and skills that I can use to bless people through InterFaith. I love using dentistry to help people with their felt needs because I can often give them immediate relief. I also really enjoy talking with the patients, learning about their lives and praying with those that desire it. Dr. Barnes heads up a fun group that does excellent work and makes it easy for me to drop in and volunteer.



William Holmes, MD

Vista Radiology

Practicing radiologist since 1988, recent volunteer with InterFaith

I started volunteering for InterFaith in early 2026. Dr. Nichols called and asked me. I was honored that he would ask me and happily accepted the job. This is a great way to serve God and give back to the community. I'm thankful for the opportunity.



Grayson Tucker Hunley, DDS

Golden Rule Dental

Practicing dentist since 2019, volunteer with InterFaith since 2022

My goal is to represent Jesus well by caring for His people. My mom went to InterFaith when I was growing up, and they took great care of her. I felt God leading me to serve here the way my mom was served many years ago!



Walter W. Schoutko, MD

Assistant Professor of Obstetrics and Gynecology/Family Medicine, Division Director of Medical and Surgical Gynecology, Medical Director of Resident Clinic - UTHCS College of Medicine

Practicing OBGYN since 1991, volunteer with InterFaith since 2021

I've been blessed in so many ways, so God put it on my heart to pay it forward. I volunteer to serve those in need and the joy that comes with it.



Chris Testerman, MD

Retired from Knoxville Orthopedic Clinic after 26 years of practice

I specialized in foot and ankle surgery. I still enjoy treating patients with orthopedic problems, thus volunteering at IHC gives me the opportunity to help those in need. I can offer simple office procedures and care for chronic and acute problems. I appreciate the staff at IHC and enjoy continuing to serve a population that needs a hand up in our community.

Financial

$1,146,294.56

Total amount of grants awarded

33

Grant sources

13.8%

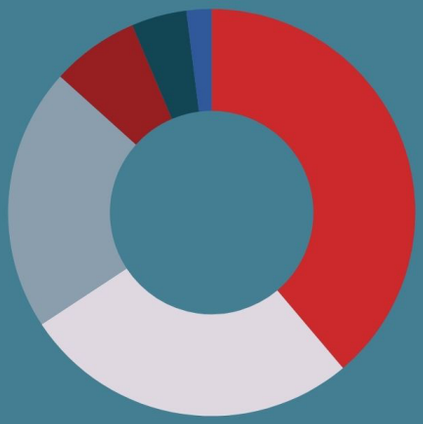
Increase in grant diversification since FY25

$2,766,495

Endowment balance

The Center received support from Knox County, City of Knoxville, State of Tennessee and Town of Farragut

Revenue Sources



- Grants 39%
- Contributions 27.1%
- Direct Reimbursement 20.4%
- Special Events 7.1%
- United Way 4.2%
- Hospital 2.2%

Program Expenses



- Medical 39.9%
- Dental 40.1%
- Mental Health 15%
- Prescription Assistance 5%

Additional services funded by grants in FY26:

- New patient visits
- Dental services
- Mental health counseling
- Lab services
- Dental supplies
- Women's health
- Operating support
- Respiratory treatment
- Addressing trauma
- Patient transportation
- Opioid abatement strategies
- Denture supplies
- Pediatric visits
- Ophthalmology

Trends in grants in FY26:

- Federal funding challenges
- Fewer health care grants available
- Growing importance of State of Tennessee as funder
- Focus on addressing social determinants of health/equity

In January 2026, InterFaith Health Center launched a new three-year initiative funded by the Tennessee Opioid Abatement Council to support individuals with Opioid Use Disorder along their path to recovery. In partnership with McNabb Center, InterFaith serves as a vital piece of the recovery support framework by ensuring participants have access to comprehensive health care. During the first year of the initiative, InterFaith provided 36 unduplicated individuals with 89 health care visits, helping address the medical needs that can support long-term recovery and stability.

Number of onsite medical and dental volunteer hours: 2,961

Value of onsite medical and dental volunteer hours: $140,996.48

FY2026 Events

AN EVENING UNDER THE Stars

An Evening Under the Stars brought our community together for an unforgettable night of music, generosity, and purpose at Lakeshore Park. Featuring country music artist **Matt Stillwell**, the evening offered guests an opportunity to enjoy live entertainment while making a meaningful difference in the lives of our neighbors. Through the generosity of our presenting sponsor, Tennova, table sponsors, donors, and attendees, this special event helped advance InterFaith Health Center's mission.

Guests stepped Through the Looking Glass for a whimsical evening of elegance, excitement, and generosity at InterFaith Health Center's annual Casino Royale. Held at Cherokee Country Club and presented by **Axle Logistics**, the Alice in Wonderland-inspired celebration brought a touch of magic to an unforgettable night of casino gaming, dancing, specialty cocktails, and a silent auction. Thanks to our generous sponsors and guests, the evening was a wonderful reminder that a little imagination and a lot of heart can make a meaningful difference.



Sweets to the Sweet

Love was in the air as InterFaith Health Center celebrated Valentine's Day with its annual Sweets to the Sweet fundraiser. This heartwarming tradition gave supporters a meaningful way to share a little sweetness with friends, family, and loved ones through delicious **Nothing Bundt Cakes** bundtlets and personalized, handwritten Valentine's Day cards. Supporters could also spread the love by sending sweet treats to residents of local senior living communities. More than just a Valentine's Day surprise, each gift proved that even the smallest gestures of kindness can make a big difference.

Student partnerships

Thank you to the schools that partnered with InterFaith Health Center to provide student volunteers in FY2026, and thank you to the students who worked with us!

Medical

- Lincoln Memorial University-DeBusk College of Osteopathic Medicine
- Carson-Newman University College of Health Sciences
- University of Tennessee Health Science Center College of Medicine

Dental

- University of Tennessee Health Science Center College of Dentistry
- Roane State Community College Dental Hygiene Program
- Tennessee College of Applied Technology, Knoxville Dental Assisting Program

Thank you to our Community Partners

Partner organizations

Recognitions

Thank you for your support of InterFaith in FY2026!















InterFaith Health Center Foundation Board

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Melanie Carter
Mike Cohen
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Tanner Jenkins
Jill Knight
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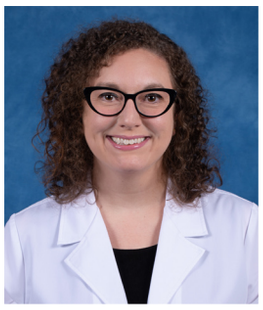
Ellen "Sis" Mitchell
Suzanne Vaughn Laine

A financial gift to InterFaith Health Center is the quickest and most effective way to make a significant impact on the health care available to working uninsured or underserved individuals in our community. With InterFaith's commitment to low overhead and track record of financial stewardship, you can be assured that your dollars will be stretched for maximum impact. All financial donations of cash to InterFaith Health Center are tax-deductible. Scan the QR code to donate today!

InterFaith Health Center Executive Staff



Melissa Knight
Executive Director



Danielle Barnes, DDS
Director of Dental Services



P. Lynn Nichols, MD
Medical Director



Beth Roskelly, MPA
Director of Development and Public Relations



Brandon Swaim, LMFT
Director of Mental Health Services